

DBSV Strategic Directions Towards Gender Equality and Women's Empowerment



The main goal of DBSV is to provide a common forum for all Nepalese women to discuss their social agenda and to promote women's participation in social, economic and cultural spheres of our society to improve women's quality of life

Five Pillars of DBSV Activities

Creative Cultural Celebration

- Preserving Culture raising Hope: DBSV Teej Celebration
- Restored life of 60 women in Mid western region of Nepal who had been victim or survivor of Family violence through provision of crisis accommodation, medical and legal cost
- IWD celebration each year: towards reducing gender inequalities women's empowerment (bringing up women's voices)
- Mothers day celebration (promoting concept of self-care and self empowerment)

Women's Health and Wellbeing

- Be the best women's wellbeing program – City of Moreland, Geelong, Melton, Knox, Hume
- Yoga, dance, meditation, excursion, information session
- Family violence: awareness raising forums and community engagement
- Be the best Hume Nepalese women's project in partnership with NCLC and other two multicultural organisations
- Breast cancer screening project for Nepalese and Bhutanese women
- Unlocking gender inequality through Hulla-Hoops fitness in the family
- Reach the sky – Move together project in Knox

Women's Capacity and Confidence Building

- Reach the Sky project women's capacity and confidence building program.
- Confidence building through social circus approach in partnership with Women's Circus
- Women's on the stage performance, drama and dance
- Short Movie on Family violence issues
- Multicultural women's story sharing project – towards producing a "book of women"
- Women's leadership and public speaking projects in Hume with NCLC
- Continuous awareness of family violence through our social media
- Restoring life of FV survivor with AWAAJ

Family and Social Connections

- Library Partnership program in partnership with Glenroy Library
- Women's groups and information sharing session and children's story telling
- Family music program (Music with Catherine)
- Men's involvement to disseminate positive family violence messages through two minutes video
- Session and activities Men's mental health promotion
- Support groups and support systems
- Multicultural women's story sharing project with Libraries
- Annual new year family picnic

Research Innovation, Integration and Advocacy

- Community Survey on family violence
- Didibahini for Dajubhai program
- Melbourne Marathon 2020 (Men's running groups ongoing)
- Women's Group Breast screening in partnership with BreastScreen Victoria
- Nepali section in Library
- Be safe young women project focus in international students
- Be the Best Meri Creek Multicultural women's walking group
- Partnership with BreastScreen for annual Breast screening program
- Strengthen links and networking with various local councils and partnership programs
- Lobbying, networking and advocacy

Prevention of Family Violence